

KULM announces changes

KULM station manager Terry Wooten announces changes from their regular country format to a more contemporary sound beginning Saturday, August 18 from 8 a.m. to midnight.

Manager and staff at KULM realize that there is more of a need for rock and roll directed toward persons who enjoy a more contemporary sound. Area listeners will be able to win prizes, concert tickets, albums and money during the program, said manager Terry Wooten.

By Leroy Hajdik

County Agent's Notebook

Clover can provide manent pastures. Preparing a seedbed is more expensive but generally assures a better stand than sod seeding.

For sod seeding, it is suggested to graze down pastures before seeding clover or using a desiccant such as glyphosate to reduce the grass competition to the young clover seedlings. Discing the grass sod lightly on sandy or loam soils prior to seeding will help improve clover stands.

Because clover cannot survive hot summer weather, it must be replanted each fall. However, if clover is allowed to produce plenty of seed in the spring, natural reseeding should produce an adequate stand the following fall. Since clover sometimes grows in a legume-grass mixture such as clover and ryegrass, feeding an anti-bloating agent such as poloxolene, which is available in a molasses block, granular form or liquid molasses supplement, will help prevent bloat.

Mrs. Loretta Faye Dutcher Mrs. Elenore Noska

Mrs. Loretta Faye Dutcher, 39, of Lissie, passed away August 3. The funeral was conducted at 10 a.m. Monday, August 6 in the Dulany Funeral Home Chapel, with Rev. E. B. Beasley, of the Lissie United Methodist Church, officiating. Graveside services and interment was held at 4:30 p.m. Monday, August 6 in the Alazan Cemetery in Nacogdoches, with Rev. Charlie Neighbors, of the Fredonia Hill Baptist Church, officiating.

She was born July 23, 1945 in Nacogdoches, a daughter of Allen Leon and Audrey Lorena Tindall Johnson. She married Walter Earl Dutcher on July 12, 1969 at the Fredonia Hill Baptist Church in Nacogdoches. She was a 1963 graduate of Nacogdoches High School and graduated from Stephen F. Austin University. She lived in Lissie since 1969 where she was a member of the United Methodist Church of Lissie and taught in Needville and Eagle Lake school districts.

Mrs. Elenore Noska, one daughter, Mrs. Erna 81, of Eagle Lake, passed away August 3 at 8:30 a.m. in the Eagle Lake Community Hospital.

Survivors, in addition to her widower, include four sons, Clemens of Columbus, and Willie Jr., Robin and Archie, all of Eagle Lake; two sisters, Helen Meyer of Columbus and Pauline Baker of Houston; two brothers, Willie Zajick Jr. of Glidden and Paul Zajick of Columbus; 21 grandchildren; 30 great grandchildren; numerous nieces and nephews and other relatives and loved ones.

Services were conducted at 3 p.m. Sunday, August 5 in the Our Lady of Perpetual Help Catholic Church, with the Rev. Ray Widski officiating. Burial was in St. Anthony's Catholic Cemetery in Columbus.

She was born February 14, 1903 in Freiburg, a daughter of the late Willie and Pauline Zajick. She married Willie Noska in January of 1919. She was a lifetime resident of this area and a member of Our Lady of Perpetual Help Catholic Church. Rosary was recited at 8:30 p.m. in the Dulany Funeral Home Chapel. She was preceded in death by her parents; Palbearers were her grandchildren, Doyle, Billy, Larry, Gary and Nathan Noska, and Donnie Stern. Sympathy is extended to the family in the loss of their loved one.



Model T drawing

The Colorado County 4-H Horse Club will hold a drawing for a Model T Car (miniature replica), three horsepower gas engine. The drawing will be held at 3 p.m. September 16 at the Colorado County Fair. If you would like to be included in the drawing, tickets are \$1 each or 12 for \$10 and you may call 234-7487 or 234-3619 for tickets. Presence not necessary. Proceeds to benefit scholarship funds, awards and repair of the arena. Pictured above, at left, are Nathaniel Lemons and Martha Duncan buying tickets from Diana Moss; sitting in the car is LeShon Dromgoole; standing behind the car, from left to right, are Mack Wade Dromgoole, Tara Sue Stephens, Dena Shea Dromgoole, and Belinda McClendon.

Memory and aging

By Peggy Kalina
County Extension Agent

Homemakers' Reflections

Many people assume that aging and forgetfulness go hand-in-hand. But this is not true for all people—some continue with excellent memories, while others suffer a loss of memory. Some who lose their ability to easily remember do so quickly, and others their recall slowly.

People of any age can have trouble remembering. Perhaps they never learned what they want to remember very well in the first place, because it had little meaning to them at the time. Or they may be having trouble with recall.

According to Extension aging specialists, psychologists have identified a number of things that make it more difficult to remember clearly as people grow older. For example, if they can't see or hear clearly as they used to, they may not be learning or storing the items very well in the first place. That may be one reason why some elderly people can clearly remember things that happened years ago, but have difficulty remembering things that happened yesterday.

Poor nutrition, lack of exercise, depression and fatigue, due to disturbed sleep can all result in memory problems for older people.

In addition, there is sometimes a "psychological" factor. Some older people expect to lose their memories. They don't forgive themselves when they forget things and they see their slips of memory as a reminder of old age. While there is no "miraculous cure" for memory loss, here are some suggestions for improving memory: Get plenty of exercise, eat well-balanced meals and stay active enough in the daytime that you can sleep at night.

Realize that you may be depressed and you may need to talk to someone about how you're feeling before you'll start feeling better. Living longer also means that older people have a larger pool of memories to draw on. Search through their minds in order to remember something specific. This can take time. If they have suffered any of the diseases that affect thinking ability, such as arteriosclerosis or Alzheimer's disease, then memory will be impaired.

Give yourself plenty of time to learn things that you want to remember. You don't have to rush or do things at anybody else's pace. Concentrate on what you want to learn.

Forgive yourself when you forget things. Anxiety over forgetting makes even harder to remember them. The famous Harvard psychologist B.F. Skinner often uses himself at age 80 as an example of someone who is trying to avoid growing old as a thinker. Remembering names is a thinking problem that he shares with many other people. But Dr. Skinner says he has convinced himself that names are very seldom forgotten, and when he has a half hour to think about it he can nearly always recall a name.

But most people don't have half an hour, especially when they're "on-the-spot" to make an introduction. Dr. Skinner says that's part of the problem. After we fail to produce a name on a few occasions, we become anxious about it. Then the next time an introduction is in order we may fail to recall a name in part because of past failures.

Obituaries

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Members of the Elite Group recently donated more than \$400 to support the Eagle Lake Community Swimming Pool. The group held a fund raiser, with A. J. Williams, center, and Marian Woolridge, right, presenting the checks to Frances Struss. Other members of the group are Alex Woolridge; Marlene Williams; Charles and Margaret McTeer; J. B. Black; Earnestine Carroll; Clarence and Bettye Stephenson; Earnest and Vera Lemons; George & Brenda Hemphill; Willie B. Christal; Earnestine Scott; Mr. Bird; Bettye Swanner; Roland and Gloria Hemphill, and Willie Yell Jr.

Baseball schedule for

Jerry Lewis telethon tourney

This Saturday and Sunday, August 11 and 12 are the single eliminations for the Jerry Lewis telethon tourney at St. Roch's parish grounds in Mentz. The two winners of the final game will play at 4 p.m. Sunday.

Play on Saturday, August 11 at 1 p.m. are Katy and Bernardo. On Sunday, August 12 at 1 p.m. are Schulenburg and East.

75th anniversary at First

Presbyterian August 11, 12

The First Presbyterian Church will have their 75th anniversary celebration this Saturday, August 11 at 7 p.m. with the dedication of the stained glass windows and other memorials.

On Sunday, August 12 at 10:30 a.m. there will be an anniversary service. The sermon will be by the Rev. H. Richard Siciliano.

Columbus community shocked over Lewis family tragedy

Shock lingers in about 3:30 p.m. eight members of the community mourn the tragedy that struck the Lewis family last Thursday, August 2, in Brazoria County. "It's hard to believe...one of the most tragic things people in this area have had happen so close to them," was the reaction Tuesday of one resident.

Last Thursday afternoon, as Mrs. Robbie Lynn Lewis, 35, was driving south on Texas Highway 36 in Brazoria County, with her mother, three children, a niece and a nephew, a dump truck apparently failed to stop at a stop sign marked cross road. As that truck pulled across the south-bound lane, Mrs. Lewis swerved to miss it, only to collide head on with a north-bound tractor trailer. Neither truck driver was injured.

Later during the weekend, another wreck near the spot of the Lewis accident, claimed four more lives. A station in the Houston Post said the state may investigate installation of a traffic signal for the area.

Mrs. Lewis and her husband, veterinarian Don Lewis, were very active members of the Columbus community. "They are great people," was one description used.

According to the Texas Department of Public Safety office in Pearce, nephew Mitchell Griffith, 6, of Lubbock, was pronounced dead at Hermann Hospital in Houston. Mrs. Lewis, her two daughters, Tiffany Lynn Lewis, 12, and Danyel Jean Lewis, 3, and son, Cliff Walker Lewis, 6, her mother, Mrs. Wanda Mitchell, 50, of Amarillo, and her niece, Tara Griffith, 7, of Lubbock, were pronounced dead at the scene by a justice of the peace. They all were passengers in a 1965 4-door Oldsmobile. The accident occurred

projects that need additional financial help. The sorority decided to establish the fund this year to help in their community, rather than donate money to Beta Sigma Phi, an international organization.

The First Baptist Church in Columbus was filled to capacity Sunday for the 3 p.m. funerals. Burial was in Odd Fellows Rest Cemetery, Columbus.

East Bernard school lunch prices same

The lunch prices for the school year 1984-85 will remain the same as for 1983-84, for the East Bernard Independent School District. They are as follows:

Lunch: kindergarten through fourth grade, \$1; fifth through eighth grade, \$1; ninth through twelfth, \$1.25; pre-school lunches, kindergarten through twelfth, 40 cents; snack bar, students in junior high, \$1; snack bar students in high school, \$1.25; extra milk, 20 cents; ice cream, 25 cents; all adult lunches (including snack bar), \$1.75.

Breakfast: kindergarten through twelfth grade, 50 cents; kindergarten through twelfth, 30 cents; adults, 80 cents. Breakfast serving time will be from 7:30 to 8 a.m.

There will be no charging allowed in the lunchroom for breakfast or lunch. This includes adults as well as students.

Local woman attends Mary Kay seminar in Dallas

Patricia Seaholm of Eagle Lake, an independent beauty consultant for Mary Kay Cosmetics, has just returned home from three days of intensive sales and product training in Dallas as a participant in Mary Kay's 1984 national seminar.

More than 30,000 independent beauty consultants and sales directors flocked to Dallas between July 23 and August 4 to attend one of four consecutive three-day meetings. Since 1984 is an election year, this year's multi-million dollar seminar was appropriately entitled "Share the Spirit."

To enable Mrs. Seaholm, who joined Mary Kay in June 1982, to share the Mary Kay spirit in the months ahead, dozens of specialized classes were held each day in product knowledge, color selection, sales training, business management, goal setting and other valuable tools for success.

Besides intensive training, company founder and chairman of the board Mary Kay Ash also uses the annual meeting to personally reward and recognize the outstanding achievers of the past year. During four identical awards night extravaganzas, the company distributed

more than a million dollars' worth of fur coats and jackets, luxury vacations, shopping sprees and gold and diamond jewelry. Mary Kay Cosmetics, Inc. is an international manufacturer and distributor of premium skin, hair and body care products, cosmetics, toiletries and fragrances. Net sales for 1983 were \$23.8 million.

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Photo by Henry Wright

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